



# Technogym Cycle



**The most  
comfortable  
cycling ever**

Technogym Cycle is an exercise bike designed with a wide seat and walk-through to make it easy to improve your health and get back in shape at any age.

TECHNOGYM CYCLE - PRODUCT SHEET  
052021ENVER01



## DESCRIPTION

### Why Technogym Cycle:

#### Easy on, easy off

Technogym Cycle is barrier free with its open, walk-through design.

#### The most comfortable cycling ever

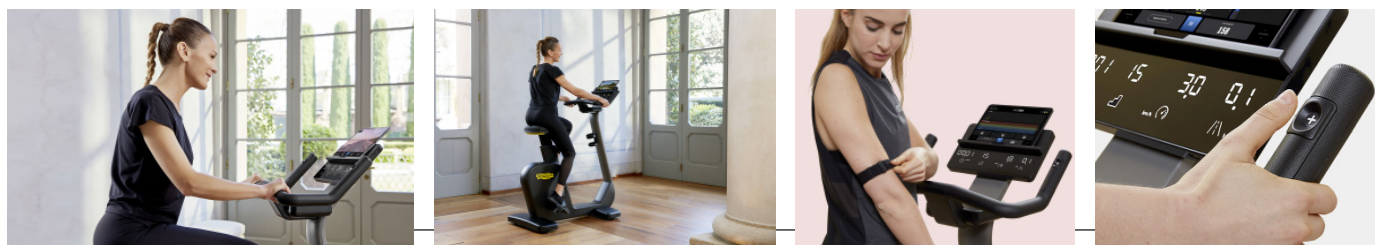
- High contrast console
- Comfortable seat and instant adjustments
- Sturdy and solid
- Workout comfort and variety: one handlebar and two different cycling position
- Smooth pedalling thanks to the reduced distance between the pedals
- Special magnetic holder keeps your tablet secured and safe

#### Just 0.7 sq m (7.5 sq ft)

At just 60 cm (23.6") wide, Technogym Cycle is a space-saving bike with a compact design. Technogym Cycle is the ideal size for any space in your home, with a level of comfort unlike any other.

#### Stay healthy and motivated with personalised training

Technogym Cycle connects to compatible tablets, with the Technogym Live app, offering the ultimate training experience with Virtual Outdoor, Custom Workouts, Technogym Sessions, Routines, and music playlists.



## TECHNICAL SPECIFICATIONS

### Size (LxWxH)

1140 x 600 x 1360 mm  
44,8 x 23,6 x 53,5 in

### Weight

62 kg  
136,7 lb

### Max user weight

180 kg  
396,8 lbs

### User height (min / max)

155 - 205 cm  
4,6 - 6,7 in

### Max resistance at 160 rpm

600 W

### Q factor

170 mm  
6,7 in

### Pedal crank length

172,5 mm  
6,9 in

### Power requirement

110÷220V±20%, 50÷60Hz

### Standby energy consumption

less than 0,5 W

### 100% recyclable packaging size (LxWxH)

1240 x 650 x 1360 mm  
48,8 x 25,6 x 53,5 in

### Connectivity

Bluetooth 5.0  
Technogym Live app  
Upgrade via Technogym Live app  
USB Charger

## SERVICES

Pricing is inclusive of VAT, 2 years warranty, transport and installation. Installation includes assembly and positioning of the equipment, testing and final cleaning of the installation area. Technogym will contact you to confirm the established date and time of delivery.

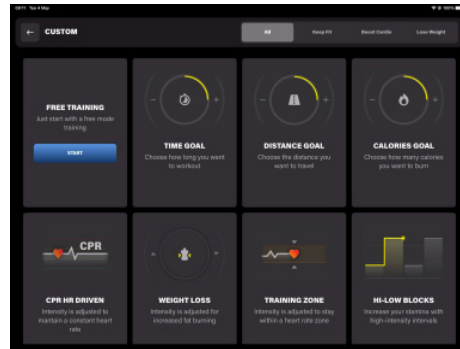
# Technogym Live app

## CPR TRAINING



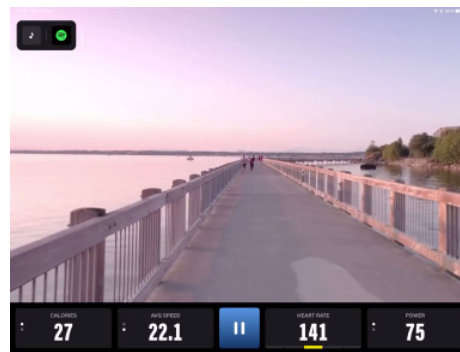
**Your heartbeat sets the intensity**  
While you train, the CPR system (Constant Pulse Rate) monitors your heart rate and automatically adjusts speed and resistance for a safe and efficient workout.

## CUSTOM WORKOUT



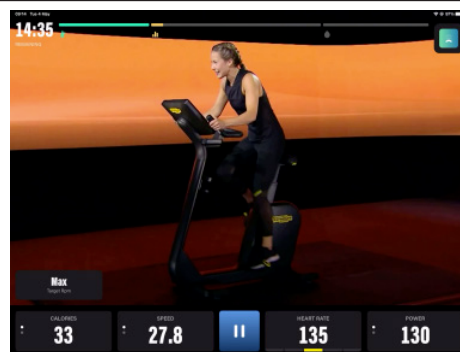
**Personalised training**  
Choose a goal-based workout - such as time, distance, or calories - or select one of our many other options, ranging from pure cardio to HIIT sessions.

## TECHNOGYM OUTDOORS



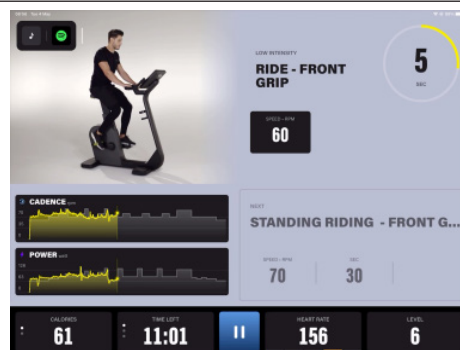
**Train anywhere in the world**  
Free your mind riding through natural landscapes and city scenes from all over the planet.

## TECHNOGYM SESSIONS



**An online trainer by your side**  
Choose your favourite workout and the trainer will guide you, boosting your motivation.

## TECHNOGYM ROUTINES



**Choose your goal and follow along**  
Follow the video exercises while Technogym Cycle automatically adjusts speed and resistance for a bespoke training session.