



Technogym Ride



The first all-in-one bike

Ride like a pro every time you get on Technogym Ride. This indoor bike integrates training programs with pro cycling trainers and your favorite applications. No setup required, just get on and ride.

TECHNOGYM RIDE - PRODUCT SHEET
012022UKVER01



DESCRIPTION

Why Technogym Ride?

All in one

Just connect and you're ready to ride. Your training and community at your fingertips with apps like Rouvy, Zwift, TrainingPeaks and Strava integrated into the 22" touchscreen.

Perform better with our trainers

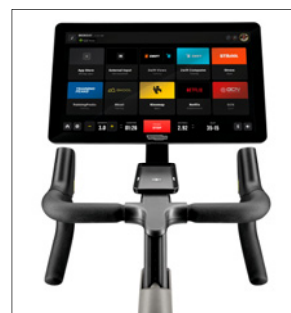
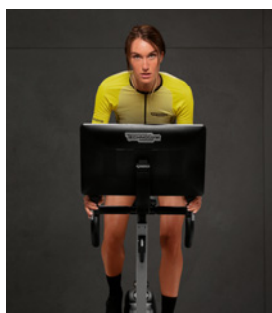
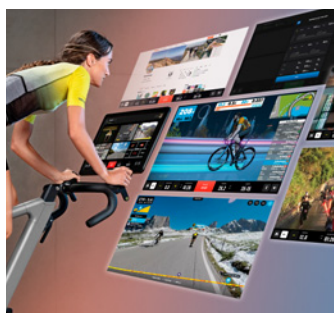
Maximize your performance with our trainers and workouts specifically based on your FTP. Choose guided sessions with real gradients, and our trainers will give you tips for hitting the right power zones.

Amazingly realistic riding feel

With gear changes and the authentic feeling of the pedals as you cycle, it's just like an outdoor bike.

Ultra-fast reaction time

From 0 to 1000 Watts in 0.5 seconds for your best ride ever.

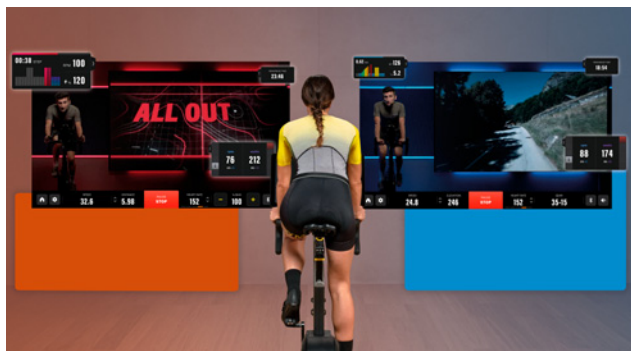


TECHNICAL SPECIFICATIONS

	Size (LxWxH) 1545 x 642 x 1420 mm 61 x 25 x 56 in	Product weight 65 kg 143 lbs	Connectivity Bluetooth® Low Energy, ANT+ Compatible with Apple GymKit
Resistance system Electromagnetic brake	Q factor 170 mm / 6.7 in	Max user weight 160 kg 353 lbs	Max / Min. user height 205 / 155 cm 6.7 / 5.1 ft
Frame Steel with sandblasting and ED process paint with two layers of powder coating + aluminum	Drive system Two-stage transmission: timing belt + Poly-V belt	Virtual gear shift MTB, Road Bike, Gravel and Crono	Pedals Dual-sided SPD® pedals + cages
Riding design adjustments 2 for saddle, 1 for handlebar	Adjustable crankset 170, 172.5 and 175 mm / 6.7, 6.8 and 6.9 in	Power requirement Input: 100-240 VAC, 50-50 Hz, 90 Watt. Output: 12 VDC	Available languages 24 (UK English, US English, Italian, German, Spanish, French, Dutch, Portuguese, Japanese, Chinese, Russian, Turkish, Danish, Arabic, Korean, Norwegian, Swedish, Finnish, Israeli, Catalan, Polish, Thai, Simplified Chinese, Welsh)
Display 22" capacitive touchscreen	Maximum power 1500 W (accuracy +/- 1%)	Gradient -3/+15%	

Technogym Live

TRAINERS



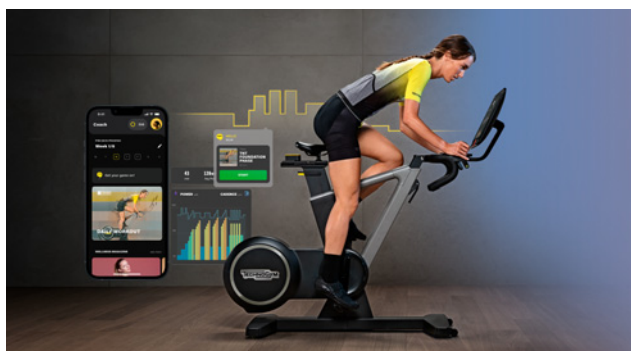
More watts than ever

Maximize your performance with our trainer and workouts specifically based on your FTP.

Precision outdoor training

Choose guided sessions with real gradients, and our trainer will give you tips for hitting the right power zones.

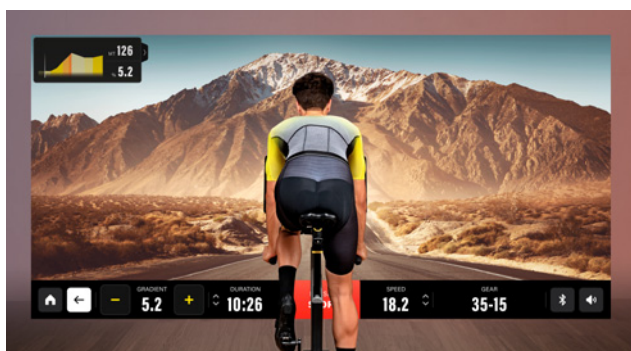
PROGRAMS



Your program, your passion

Download the Technogym App and get your Technogym Neuromuscular Training-TNT™ programs. Improve your performance with profile-based workouts and review your results right on the console.

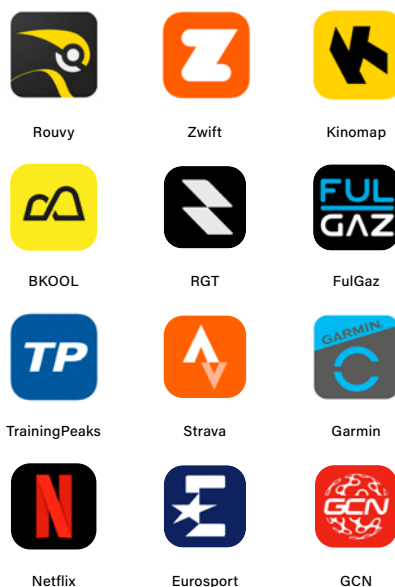
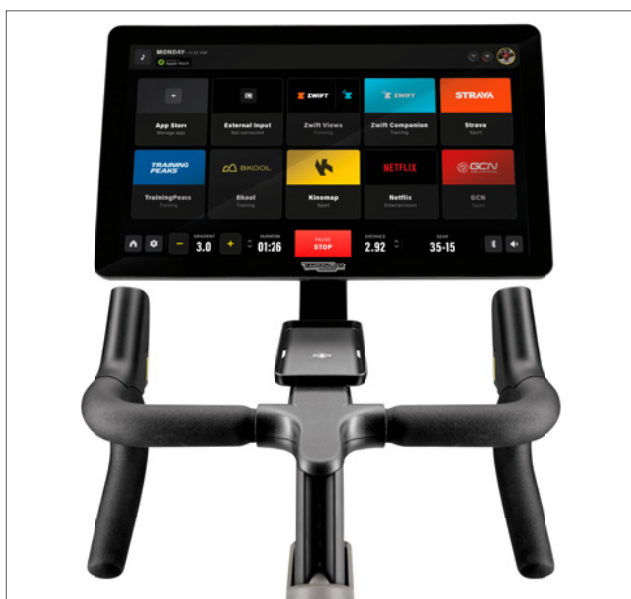
OUTDOORS



Virtual routes, real gradients

Challenge yourself with our Outdoors: pedal away on dozens of real routes using all the gears of Technogym Ride.

INTEGRATED OR COMPATIBLE APPS



*Access over 450+ Sessions now, plus new ones every week with **Technogym Plus**: running, cycling, yoga, HIIT, boxing and so much more. With this product, Technogym Plus is included for one month, plus one additional month can be unlocked directly in app.