

SKILLROW™

SKILLROW - PRODUCT SHEET
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PURE PERFORMANCE FOR THE WHOLE BODY

The Cardio Total Body Workout becomes a feat of pure performance. Functional design, state-of-the-art equipment and advanced technology enable you to train every muscle in your body.



The Wellness Company

CHARACTERISTICS

WHY THE SKILLROW

Enhance and tone your entire body
Develop your skills and endurance
Train your cardiorespiratory system
Increase power, speed and stamina
Achieve uncompromising sport performance

FEATURES

Aquafeel™ technology makes you feel like rowing in real water
Multidrive Technology™ lets you select resistance for strength or endurance training
Easy to reach settings
Ergonomic seating position
Easy to store, can be dismantled in two parts
Functional sport design

SKILLROW™ APP

Immerse yourself in the digital training experience to challenge your rivals and improve your performance. The SKILLROW app empowers you with the Technogym Neuromuscular Training™, developed with the collaboration of our Scientific Research and Olympic champions to stimulate your metabolic and neuromuscular conditioning.

TECHNICAL SPECIFICATIONS

DIMENSIONS(LxWxH)

2435 x 629 x 1280 mm
96 x 25 x 50 in

WEIGHT

61 kg
136 lbs

MAX USER WEIGHT

160 kg
352 lbs

USER HEIGHT

150 - 210 cm
4.11 - 6.11 in

CONSOLE

7" LCD display, self-powered with accumulator.
Power readings in watts

CONNECTIVITY

Bluetooth® low energy technology, Technogym key, mywellness® band, NFC, QR code
Heart rate devices: Bluetooth® low energy technology, ANT+

SERVICES

Pricing is inclusive of VAT, 2 years warranty, transport and installation. Installation by Technogym is a high quality service including assembly and positioning of the equipment, testing and final cleaning of the installation area. Technogym will contact you to communicate the established date and time of delivery.